



EMMAUS CATHOLIC & CHURCH OF ENGLAND PRIMARY

SPRING SUMMER 2024



WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 15/04/24 : 06/05/24 : 27/05/24 : 17/06/24 : 08/07/24 : 29/07/24 : 19/08/24 : 09/09/24 : 30/09/24 : 21/10/24		Main Course Cheese & Tomato Pizza with Baked Potato Wedges	Pork Sausage with Herby Diced Potatoes & Baked Beans	Chicken Pie with Mashed Potatoes	Chicken Curry with Mixed Rice	Fish Fingers with Chips & Tomato Ketchup
Vegetarian Main Course		Veggie Pasta Carbonara	Veggie Sausage with Herby Diced Potatoes & Baked Beans	Veggie Mince Pie with Mashed Potatoes	Macaroni Cheese	Cheese Fian with Chips & Tomato Ketchup
Jacket Potato & Filling		Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
Sandwich on a Plate		Cheese Sandwich	Tuna Wrap	Hot Roast Baguette of the Day	Ham Sandwich	Cheese Sandwich
Vegetables		Broccoli, Cauliflower & Carrots & Mixed Fresh Salad	Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Carrots, Broccoli & Mixed Fresh Salad	Sweetcorn, Country Mixed Vegetables & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert		Marble Sponge & Custard	Chocolate Shortbread Biscuits & Fruit Slices	Iced Traybake	Oat Cookie & Fresh Watermelon Slice	Chocolate Ice Cream
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 22/04/24 : 13/05/24 : 03/06/24 : 24/06/24 : 15/07/24 : 05/08/24 : 26/08/24 : 16/09/24 : 07/10/24		Main Course Cheese & Tomato Pizza with Garlic Bread	Sausage with Mashed Potato	Roast Chicken with Roast Potatoes & Gravy	Beef Bolognese & Penne Pasta	Fish with Chips & Tomato Ketchup
Vegetarian Main Course		Vegetable Enchiladas with Sunny Vegetable Rice	Veggie Sausage with Mashed Potato	Veggie Mince Cottage Pie	Macaroni Cheese	Cheese & Onion Puff Pastry Roll with Chips & Tomato Ketchup
Jacket Potato & Filling		Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwich on a Plate		Cheese Sandwich	Tuna Wrap	Hot Roast Baguette of the Day	Ham Sandwich	Cheese Sandwich
Vegetables		Garden Peas, Carrots & Mixed Fresh Salad	Sweetcorn, Baked Beans, Colelaw Salad & Mixed Fresh Salad	Cauliflower, Carrots, Peas & Mixed Fresh Salad	Broccoli, Carrots, Cauliflower & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert		Ginger & Mandarin Traybake	Strawberry Jelly	Freshly Baked Chocolate Cookie	Flapjack Finger & Fresh Watermelon Slice	Homemade Shortbread Biscuits
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 29/04/24 : 20/05/24 : 10/06/24 : 01/07/24 : 22/07/24 : 12/08/24 : 02/09/24 : 23/09/24 : 14/10/24		Main Course Cheese & Tomato Pizza with Baked Potato Wedges	Farm Assured Pork Sausage Roll with Baked Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	Minced Beef Pie with Mashed Potatoes	Fish Fingers with Chips & Tomato Ketchup
Vegetarian Main Course		Vegetable Chilli & Rice	Macaroni Cheese	Savoury Vegetable Mince with Yorkshire Pudding, Roast Potatoes & Gravy	Home Baked Vegetarian Lasagne	Cheese Fian with Chips & Tomato Ketchup
Jacket Potato & Filling		Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
Sandwich on a Plate		Cheese Sandwich	Ham Sandwich	Hot Roast Baguette of the Day	Tuna Sandwich	Cheese Sandwich
Vegetables		Roasted Peppers & Sweetcorn & Mixed Fresh Salad	Country Mixed Vegetables, Baked Beans & Mixed Fresh Salad	Carrots, Garden Peas & Mixed Fresh Salad	Broccoli, Cauliflower, Carrots & Mixed Fresh Salad	Garden Peas, Baked Beans & Mixed Fresh Salad
Dessert		Sponge with Custard	Fruity Jelly and Mandarins	Freshly Baked Vanilla Cookie	Zesty Lemon Cake	Homemade Flapjack

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.